

**Patient Information and Consent Form**  
**Risk of Coronavirus (COVID-19) Transmission at**  
**Back In Line Therapy Centre**

**\*This Form is in addition to consent form for chiropractic examination and treatment\***

The Government published a Statutory Instrument on 26th March 2020, *no. 350 'The Health Protection (Coronavirus, Restrictions) (England) Regulations 2020'* confirming that it is lawful for a chiropractic practice to remain open. It further defines those people who are recognised as vulnerable for the purposes of document.

Back In Line Therapy Centre has conducted a thorough risk assessment to ensure adequate levels of safety at this clinic are implemented and maintained. We are following the most up-to-date Government and Public Health England guidance and put in place stringent patient triage, hygiene, sanitation and infection control protocols to protect our patients and team members. Despite these precautions, there is a risk of transmission of the Coronavirus (COVID-19) and it is important that you understand the risk. We have provided the information below to help you decide if you wish to continue with your care at Back In Line Therapy Centre and remind you that you are under no obligation to do so.

**Precautions that Back In Line Therapy Centre has in place:**

- **All patients contacting us for an appointment are triaged over electronic forms to establish whether COVID-19 symptoms are present, if they are self-isolating, if anyone in their household has symptoms or is self-isolating, they have recently returned from overseas or they have been in contact with anyone with COVID-19 symptoms and been asked to self-isolate by NHS Track & Trace.**
- **We enforce a strict policy that anyone with any COVID-19 symptoms must stay away from the clinic.**
- **A second triage is conducted at the Clinic, including a temperature check.**
- **A strict cleaning, sanitation and infection control protocol is adhered to – Please ask if you would like to see this document.**
- **All team members at Back In Line Therapy Centre adhere to the social distancing guidance issued by the Government.**
- **The layout of the practice has been adapted to maintain social distancing.**
- **Patients waiting are restricted to one at any time and a 2-metre distance will be enforced between patients and non-clinical team members.**
- **Chiropractors and Clinical Staff will be wearing Personal Protective Equipment for your protection.**

- **You will be asked to wear a face covering when attending the clinic.**

Back In Line Therapy Centre is committed to ensuring that every measure is in place to minimise the risk of exposure to COVID-19, we cannot guarantee there is no risk to you as a result of attending the clinic.

People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. Other people then catch COVID-19 by touching these objects or surfaces, then touching their eyes, nose or mouth. People can also catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs out or exhales droplets.

The risk of catching COVID-19 from someone with no symptoms at all is very low. However, many people with COVID-19 experience only mild symptoms. This is particularly true at the early stages of the disease. It is therefore possible to catch COVID-19 from someone who has, for example, just a mild cough and does not feel ill. (World Health Organisation)

## **Eligibility for Care**

We are unable to offer face-to-face appointments to the following people: If you are self-isolating - until your isolation period is over and you have no symptoms; you have COVID-19 symptoms (whether diagnosed by test or not); if you are living with someone with COVID-19 symptoms (whether diagnosed by test or not); you have been in contact with anyone with suspected or confirmed COVID-19 and have been asked to self-isolate for 14 days by the NHS Contact Tracing Service, or you have recently returned from a country where the UK Government has imposed a 14 day self-isolation period.

If you do have any underlying health condition, we ask that you notify us so that we can take this into consideration when carrying out our risk assessment.

## **Clinically Extremely Vulnerable**

From 5<sup>th</sup> November, the Government has asked people who are Clinically Extremely Vulnerable to only leave home for exercise and attend healthcare appointments. At this time we are providing face to face appointments for patients in this group if you have an existing health condition, health concern, or medical need.